

Scriptures to help you
REPENT & REJOICE IN THE GOSPEL
both alone and together

CONFESSION (Repent)

- *The Ten Commandments* — Exodus 20:1-17
- *“I acknowledged my sin to you, and I did not cover my iniquity...”*
— Psalm 32
- *“Against you, you only, have I sinned...”* — Psalm 51
- *“All we like sheep have gone astray...”* — Isaiah 53:4-6
- *“Broken cisterns that can hold no water...”* — Jeremiah 2:13
- *Jesus’ Sermon on the Mount* — Matthew 5-7
- *The 1st and 2nd Great Commandments* — Matthew 22:35-40
- *“All have sinned and fall short of the glory of God...”*
— Romans 3:23
- *“Wretched man that I am! Who will deliver me from this body of death?”* — Romans 7:15-25

ASSURANCE OF PARDON (Rejoice)

- *“Blessed is the one whose transgression is forgiven...”*
— Psalm 32:1-5
- *“As far as the east is from the west...”* — Psalm 103:8-14
- *“Though your sins are like scarlet, they shall be as white as snow...”* — Isaiah 1:18
- *“For God so loved the world...”* — John 3:16-17
- *“We have peace with God...”* — Romans 5:1-2
- *“There is therefore now no condemnation...”* — Romans 8:1
- *“Who shall bring any charge against God’s elect?”*
— Romans 8:31-39
- *“Christ Jesus came into the world to save sinners...”*
— 1 Timothy 1:15
- *“If we confess our sins, he is faithful and just to forgive us our sins...”* — 1 John 1:5-9

Coffee With a Purpose (CWP)

The older we get, the harder it can be to sustain deep friendships — especially for guys. That’s why we started Coffee with a Purpose. The concept is simple. Commit to meet with another man for coffee (or lunch, or a walk, etc.) during the months of **February, March, and April**. Get together *at least* once per month, preferably twice per month, for the purpose of prayerful encouragement.

Below are some questions to get the conversation going. When you meet, *pick at least one question* from each of these first three categories: **Get to Know the Man**, **Get to Know His Story**, and **Help Him Thrive**. And feel free to go off-script, too! These are only suggestions.

Further down you’ll see a four-fold question to help you **Examine Your Own Heart** privately before the Lord, perhaps at the end of each day. If you feel comfortable, you can share during your time together what you’re learning about yourself from this practice.

When you do share a sin struggle with the other man, look up at least one **Confession** and one **Assurance** Scripture passage and read them (or a relevant portion) out loud together. There’s something powerful about being reminded by a brother in Christ of God’s love and forgiveness! Finally, *share at least one specific way you can be praying for each other* until you meet up again. (And do what it takes to remember to pray for him.) That’s it! Welcome to CWP.

1. Get to Know the Man:

- What's a favorite movie that you could watch a million times?
- What is a favorite thing to do/place to go when you need to relax?
- Do you have a favorite restaurant?
- What kind of food could you eat forever and never get tired of?

- If you had the day off with no responsibilities, how would you spend it?
- If you could snap your fingers and instantly learn one new skill, what would it be?
- What is one piece of advice you would tell your younger self?
- What's one thing you're really good at cooking?
- If you had to move to any other country, which would it be? Why?
- What is one thing you love about living here. Anything about it that drives you crazy?
- Do you have a favorite story from the Bible? What about it really connects with you?

2. Get to Know His Story:

- Did you grow up here? If not, where? And how did you end up here?
- Who was your best friend growing up? Do you still keep in touch?
- What was your family like growing up?
- What's the most interesting job you've ever had? Most boring?
- If you're a dad, what did it feel like when your first child was born? If you're not a dad, would you like to be one in the future? Why or why not?
- How did you become a Christian?

3. Help Him Thrive:

- Where do you see God at work in your life?
- Where would you like to see God work?
- Is there some part of your life where you feel stuck? What would help?
- If you knew that you wouldn't be judged for sharing—and would only be encouraged—what's a sin struggle you're facing right now? How can I pray for you in this?
- How, specifically, do you want to become a better husband? A better dad? A better brother? A better friend?

Examine Your Own Heart:

Where have I been Proud, Cold, Scared, or Hooked* today?



PROUD Where have I been too self-centered, judgmental, comparing myself to others (nose up in the air)?



COLD Where have I lacked compassion and warmth toward others (head down in the sand)?



SCARED Where have I been anxious or worried, motivated by fear (withdrawn inward like a turtle)?



HOOKED Where have I been pulled by my desires to chase after false idols (like a hooked fish)?

“Lord make me happy enough in the grace of Jesus to avoid being proud, cold, scared, and hooked.”

*Adapted from Tim Keller's comments about his own daily prayer practice.